



Minnesota Coalition FOR FAMILY HOME VISITING



Photo is courtesy of Indigenous Visioning

What is Family Home Visiting?

Family home visiting provides voluntary stabilizing support for families experiencing high risk factors where they are most comfortable, at home and in their community. Home visiting is a proven strategy to giving families the best start and positioning them for long-term sustainability.

Families receiving family home visiting have:

1. Access to health care services to improve pregnancy and birth outcomes of the parent and baby,
2. Opportunities and support to develop secure attachment with their children,
3. Support to attend to their child's physical, social and mental health development,
4. Support to address employment and housing needs, and/or
5. Connections to community resources.

During the first three years of life, a positive, healthy relationship with a parent or caregiver and a safe, stable environment to grow and develop are the most important factors for successful child development. Healthy relationships and safe environments positively impact the physical and emotional growth of children, impacting their experiences with learning.

Benefits of Family Home Visiting

Home visiting provides benefits to children and families.

1. Improved child health and development
 - Increased parent-child attachment
 - 18% higher kindergarten readiness
2. Improved maternal health outcomes
 - Significant decrease in maternal depression among high risk mothers
 - 37% increase in maternal employment
 - Reduce alcohol and drug use and/or addiction
3. Decreases in child abuse and maltreatment
 - Decrease in child maltreatment and abuse



The Minnesota Coalition for Family Home Visiting works together to support our shared vision: **All Minnesota families of children age prenatal to three who are at risk** for poor mental health, physical health, social, and educational outcomes will **have access to voluntary, targeted home visiting services to help them build a strong, stable foundation and prepare children for kindergarten.** Services will be voluntary, high-quality, responsive to family needs, and tailored to the resources in each community.

Coalition Partners

Coalition partners include providers from non-profit organizations, local public health departments, tribal health departments, health care as well as philanthropy, universities and associations serving children, youth and families.