



Open-ended Questions to Support Parent-Child Relationships (No matter what your “official role” is with the family)

I have been thinking about you...

What do I need to know to help things go well with your child today?

What helps your child calm down when s/he is upset?

How has it been going with _____?

Why do you think he reacts that way?

What do you think she is trying to tell you?

Let's see if we can figure this out together...

I wonder why....

So is this how it usually goes?

How would you like that to go?

What's that like for you?

What do you think that's like for your child?

What do you think she's trying to tell you when she does that?

What's your hunch about why...?

How do you feel when...?

What kinds of things have you tried? And how has that gone?

What has been most helpful?

How do you know when....?

When does this usually happen?

Tell me more about...

What do you enjoy most about...?

What do you find most challenging about...?

What gives you the energy for being a parent (child care provider, etc.)?

What does it look like when....

What do you think about...?

What do other family members (providers, caregivers) think/say about....?

How do you cope when you're feeling stressed?

Where do you get support?

Tell me about a time when things seemed to go well...