

Nurse-Family Partnership *in Minnesota*



Nurse-Family Partnership® (NFP) is a voluntary, evidence-based, community health program that serves low-income women pregnant with their first child. Each new mom is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits until the child turns two years old. NFP positively transforms the lives of our most vulnerable Minnesota families.

NURSE-FAMILY PARTNERSHIP GOALS

- 1** Improve pregnancy outcomes by helping mothers engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets and reducing their use of cigarettes, alcohol and illegal substances.
- 2** Improve child health and development by helping parents provide responsible and competent care.
- 3** Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.

91% babies born full term

86% mothers initiated breastfeeding

50% mothers obtained Diploma/GED in duration of program

POSITIVE OUTCOMES FOR Minnesota

Cumulative data as of 12/31/16, clients served by Minnesota's Nurse-Family Partnership.

MOM'S DEMOGRAPHICS AT ENROLLMENT

● **MEDIAN AGE: 19**

● **\$9000 MEDIAN INCOME**

cumulative as of 12/31/16

● **81% Receive WIC**

● **RACE**

20% Black/African-American

63% White

3% American Indian/Alaska Native

4% Asian/Pacific Islander

8% Multi-racial

2% Declined to self-identify

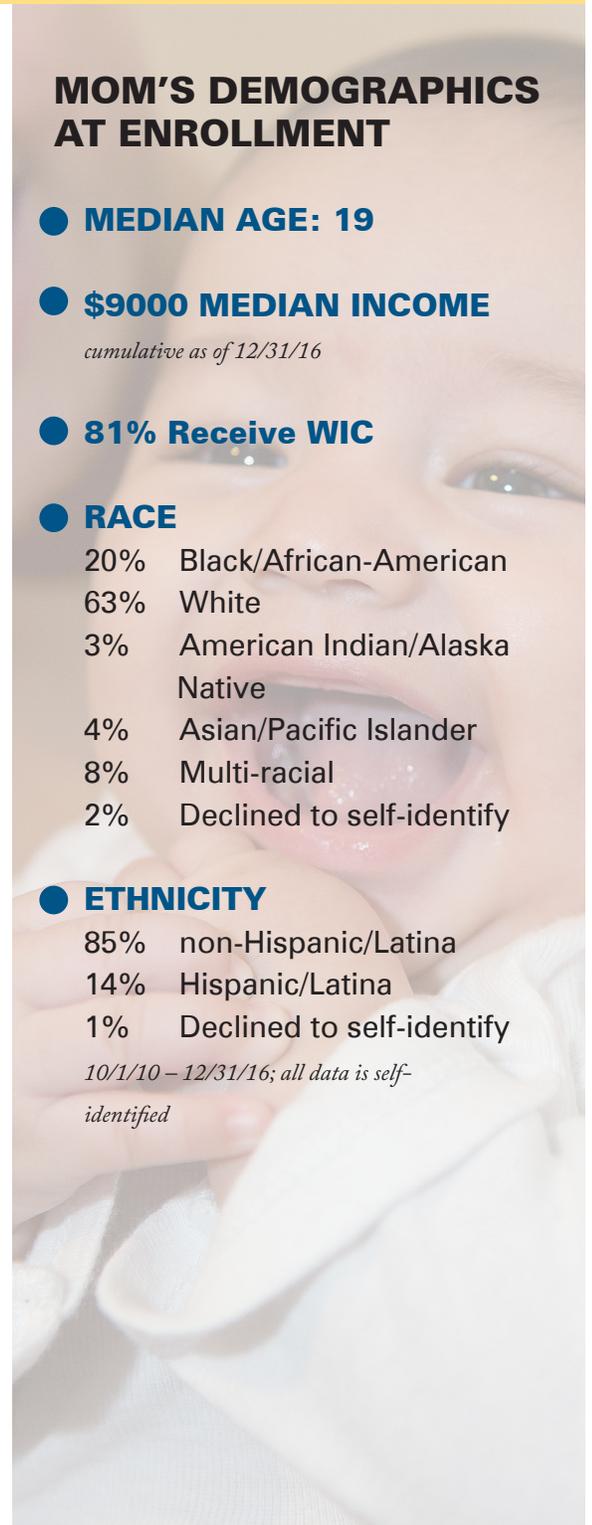
● **ETHNICITY**

85% non-Hispanic/Latina

14% Hispanic/Latina

1% Declined to self-identify

10/1/10 – 12/31/16; all data is self-identified



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Established In 2001
6,160 Families Served
39 Counties Served
2 Tribal Nations
13 Agencies

Based on a review of 41 NFP evaluation studies, Dr. Ted Miller of the Pacific Institute for Research and Evaluation predicts that nationwide every dollar invested in NFP will yield a return on investment to government of \$2.40 and to society of \$5.70.

NFP IN MINNESOTA

Nurse-Family Partnership began in Minnesota in 2001 in three counties - St. Louis, Clay and Wilkin.

Nurse-Family Partnership currently serves clients in the following 39 counties: Anoka, Becker, Big Stone, Carlton, Cass, Chippewa, Clay, Douglas, Grant, Hennepin, Kanabec, Kandiyohi, Lac Qui Parle, Lincoln, Lyon, Mahnommen, McLeod, Meeker, Morrison, Murray, Norman, Otter Tail, Pipestone, Polk, Pope, Ramsey, Redwood, Renville, Rock, St. Louis, Stearns, Stevens, Swift, Todd, Traverse, Wadena, Wilkin, Wright and Yellow Medicine. Additionally, agencies serve families in the White Earth Band of Ojibwe and the Fond du Lac Band of the Lake Superior Chippewa Tribes.

The Minnesota Department of Health has been a strong partner to NFP as we work to expand NFP to additional counties and territories. NFP is operated by local public health departments, with the exception of Supporting Hands, which is operated by a 20-county collaborative and MVNA that contracts with the City of Minneapolis and Hennepin County.

FUNDING AND POLITICAL CONTEXT

Funding sources include third-party reimbursements such as Medicaid through Medicaid Managed Care Plans, Temporary Assistance for Needy Families, Title V Maternal and Child Health funds, state and county general funds including a NFP line item, private grants and the federal Maternal, Infant and Early Childhood Home Visiting program.

NATIONAL RECOGNITION

“Programs such as the Nurse-Family Partnership — in which nurses visit first-time, low-income mothers to provide information on nutrition and parenting — may be a more focused (and cost-effective) way to increase the school readiness of at-risk kids.”

Michael Gerson, “Discipline, With Love,” The Washington Post, Oct. 2, 2014

“...the Nurse-Family Partnership, one of my favorite groups fighting poverty in America. It sends nurses on regular visits to at-risk first-time moms. The nurses warn about alcohol or drug abuse and encourage habits of attentive parenting, like reading to the child.”

Nicholas Kristof, “Cuddle Your Kid!” The New York Times, Oct. 20, 2012



“I’ve thought about my life and what I want to do with it, and with Sara’s help, I’ve been able to figure it out even more.”

- Lorena, NFP Mom in Minnesota



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Interested in learning more about NFP in MN?
Please contact us at:
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