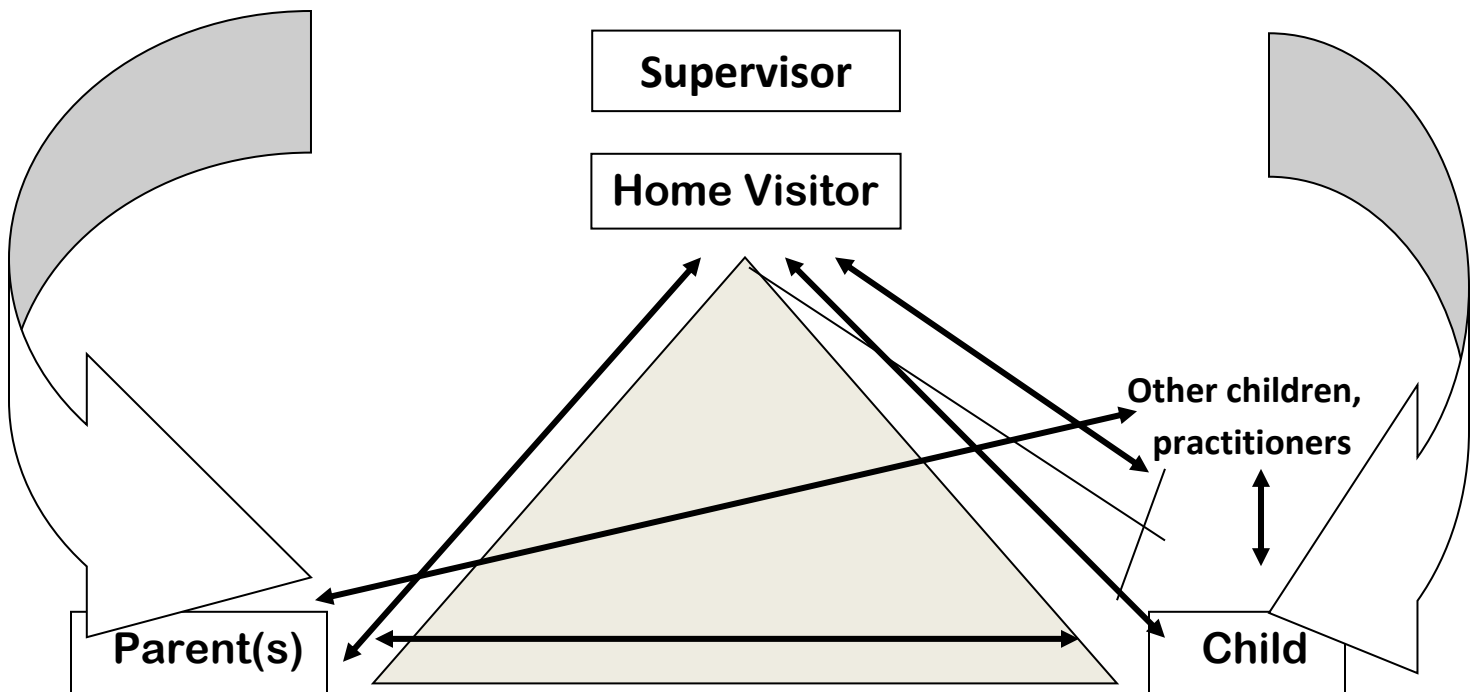


The Perspective Pyramid: Attending to All the Perspectives In the Context of Trauma



- What's it like to be this child?
- What's it like to be this parent?
- What is it like to be the home visitor (you!) in this situation?
- What is the meaning of your presence to this family?
- What's it like to be the supervisor?
- How are you attending to all these relationships?

Reflective Functioning Activity

A home visitor tells her supervisor that her visits with a toddler and her mother are very distressing to her because the mom speaks so harshly to the child and the toddler always cries and clings to the home visitor when it is time to leave.

- 1) Try “taking on the mind” of each of the characters—child, parent, and family advocate, jotting down notes as you do so. *Wonder what it’s like to be each of them.*

What might this child be feeling and thinking?

What might the parent be feeling and thinking?

What might the home visitor (you!) be feeling and thinking?

What might this be like for the supervisor?